

# Optimal Matrix Preparation Methods for Matrix-assisted Laser Desorption/ionisation Time-of-flight Mass Spectrometry Profiling of Low Molecular Weight Peptides in Human Saliva and Serum Samples

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**Objective:** To develop standard experimental methods to minimise technical variance in matrix preparation for MALDI-TOF MS (matrix-assisted laser desorption/ionisation time-of-flight) profiling.

**Methods:** Matrix factors in saliva and serum samples of 20 healthy volunteers were examined, assuring their peptide components using seven different matrix type/preparation methods, HCCA(a-cyano-4-hydroxycinnamic acid)/SM(sample/matrix), SA(sinapinic acid)/DD(dried droplet), SA/SM, DHB(2.5-dihydroxyhenz-zoic acid)/DD, DHB/SM, DHAP(2.5-dihydroxyhenz-zoic acid)/DD, DHB/SM, DHAP(2.5-dihydroxyhenz-zoic acid)/DD, brain to noise) ratio and approximate range of target peaks were set as main selection criteria to find if these spell out any common regularity in results.

**Results:** Different methods perform differently. DHB/DD performed worst in both samples, with no effective peak detected. For saliva sample, the S/N ratios of other six methods were lower. M/z range distributed differently. DHB/SM and DHAP/DD performed best in number of peaks, m/z distributing in 1000 to 2000 account for the vast majority. For serum sample, S/N ratios and m/z range distribution were different in different methods. S/N ratio of SA/DD and SA/SM were higher, number of peaks and m/z distribution were not irreplaceable. S/N ratios of the other four methods were lower.

**Conclusion:** DHAP/DD and HCCA/SM performed best in number of peaks, m/z in 5000 – 7000 account for the vast majority in HCCA/SM and 1000 – 2000 in DHAP/DD. Further studies should focus on other characteristics of peptide components detected in different matrix methods to increase evidence when selecting matrix type/preparation methods.

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Table 1	Factors at various stages of MALDI-TOF MS profiling
workflow	according to past studies.

Stage	Factor		
	Demographic bias <sup>17-19</sup>		
	Sample collection conditions <sup>18,20-23</sup>		
	Clotting times <sup>17-21</sup>		
Dre enclution	Storage <sup>18,23,24</sup>		
Pre-analytical	Freeze/thaw cycles <sup>17-20,24</sup>		
	Handling temperature <sup>25</sup>		
	Humidity <sup>25</sup>		
	Pre-fractionation <sup>18,26,27</sup>		
	Chromatographic separation <sup>22,28,29</sup>		
Appletical	MALDI support targets <sup>28,30-32</sup>		
Analytical	Matrix <sup>33,34</sup>		
	Data acquisition <sup>28,35,36</sup>		
Post-analytical Bioinformatics <sup>36-39</sup>			

influence the accuracy of MALDI-TOF MS profiling workflow, including pre-analytical, analytical and postanalytical stages<sup>1</sup>.

Here we list the possible deviation factors at various stages of MALDI-TOF MS experiments according to past studies, as shown in Table 1. There, we examined the matrix factor influence MS profiling. The goal of our study is to be of some help to MALDI-TOF MS profiling of proteome and peptidome in human body fluids in the future, especially saliva and serum.

# Materials and methods

This study was approved by the Peking University Biomedical Ethics Committee. All subjects provided written consent before participating in the study.

# Experimental procedures

# Samples collection

# Saliva sample<sup>1</sup>

Twenty healthy volunteers without periodontitis were randomly chosen at the Peking University School and Hospital of Stomatology. All individuals were asked to rest for 15 min before saliva collection at 8:30 am, and not to eat or drink after dinner the previous evening or to brush their teeth on the collection day morning. The subjects sat in an upright position in a quiet room, and were required to put the tip of their tongue against the sublingual caruncle without straining. Thus, saliva ran from the mouth and was collected into a paper cup for the first 5 min using a 50 mL centrifuge tube until 6 ml was collected. During the collection procedure, the subjects were asked not to speak. Immediately after collection. the 6 ml unstimulated whole saliva samples were kept on ice and then centrifuged at 9000 g for 7 min at 4°C to remove insoluble materials, cells and debris. The supernatant of each sample was obtained: 1 mM pepstatin (Sigma Aldrich, St Louis, MO, USA) and 0.1 mM phenylmethyl sulfonylfluoride (Sigma) was added to inhibit protease activity<sup>10</sup>. Each 10 uL of sample was taken and mixed as one 200 uL mixed sample. The mixed sample was kept at -80°C for further analysis<sup>10</sup>.

# Serum sample

The same 20 healthy volunteers were asked to rest for 15 min before serum collection at 8:30 am, and not to eat or drink after dinner the previous evening. The blood samples were collected in EDTA tubes, kept at room temperature for 30 min and then centrifuged at 3000 rpm for 5 min at room temperature to separate serum from whole blood. The supernatant of each sample was obtained, 0.25 uL of each sample was taken and mixed as one 5 uL mixed sample<sup>10-16</sup>. The mixed sample was kept at -80°C for further analysis.

Matrix types and preparations

# Matrix types<sup>2</sup>

Solvents and chemicals were sourced from the following manufacturers: a-cyano-4-hydroxycinn-amic acid (HCCA) (YuanYe Technology, Shanghai, China), sinapinic acid (SA) (YuanYe), 2.5-dihydroxybenzoic acid (DHB) (YuanYe), and 2.5-dihydroxyacetophenone (DHAP) (YuanYe).

# Matrix preparations<sup>2</sup>

Seven different matrix solution groups, designated as matrix preparations, were prepared as described in Table 1. The solutions were freshly made each day. The dried-droplet (DD) preparation method was originally described by Karas and Hillenkamp<sup>2</sup>. The sample/ wash (SM) method was based on the sample/matrix/ wash (SMW) method described by Zhang et al<sup>3</sup>, with the exclusion of the wash step. The names, compositions and spotting instructions for the seven matrix preparation groups are shown in Table 2.

Name	Preparation	Spotting instructions		
HCCA/SM	Stock solution: 10 mg/mL in 70% ACN, 0.1% TFA (prepared fresh) Working solution: 1:20 dilution of stock in 90% ACN, 0.1% TFA	Add 1 $\mu$ L of sample to spot, allow to dry. Add 1 $\mu$ L of matrix and allow to dry.		
SA/DD	Working solution: 10 mg/mL in 90% ACN, 0.1% TFA	Mix sample and matrix 1:1, apply 1 $\mu$ L to spot and allow to dry. Recrystallize with 0.5 $\mu$ L matrix and allow to dry.		
SA/SM	Working solution: 10 mg/mL in 90% ACN, 0.1% TFA	Add 1 $\mu L$ of sample to spot, allow to dry. Add 0.5 $\mu L$ of matrix and allow to dry		
DHB/DD	Working solution: 10 mg/mL in 0.1% TFA	Mix sample and matrix 1:1, apply 1mL to spot and allow to dry.		
DHB/SM	Working solution: 10 mg/mL in 0.1% TFA	Add 1 $\mu L$ of sample to spot, allow to dry. Add 1 $\mu L$ of matrix and allow to dry		
DHAP/DD	Working solution: 15.2 mg/mL in 75% EtOH, 25% diammonium hydrogen citrate solution (27 mg/1.5mL water)	Mix sample 1:1:1 with 2% TFA, then matrix. Triturate thoroughly. Apply 1 $\mu$ L to spot and allow to dry.		
DHAP/SM	Stock solution: 15.2 mg/mL in 75% EtOH, 25% diammonium hydrogen citrate solution (27 mg/1.5mL water, 80mM) Working solution: 1:10 dilution of stock in 90% ACN, 2% TFA	Add 1 $\mu L$ of sample to spot, allow to dry. Add 1 $\mu L$ of matrix and allow to dry		

 Table 2
 Preparation methods for the seven matrix preparation groups.

# Samples processing

For the 200 uL saliva mixed sample and the 5 uL serum mixed sample, 900 uL of ethanol was added to each sample, vibrated, and centrifuged at 12,000 rpm for 5 min at RM (room temperature), The supernatant was then discarded, then centrifuged at 12,000 rpm for 2 min at RM. After drying at RM 50 uL 70% methanoic acid was added to each sample and vibrated fully. Next, 50 uL acetonitrile was added to each sample, and again vibrated fully. Each sample was centrifuged at 12,000 rpm for 5 min at RM. The supernatant of each sample was saved for spotting.

# MS data acquisition

MALDI-TOF mass spectra were acquired using Clin-TOF-II (Bioyong Technology, Beijing, China) operating in positive linear ion mode between m/z 1000 and10,000 under the control of the MALDI Control software. MS data were collected manually by Bioexplorer software. The parameters were set as follows: pulsed ion extraction, 2.5 ns; frequency of laser, 60 Hz; laser power, 50% (fuzzy control on, weight ¼ 2.00, maximal resolution at six times above threshold); laser shots, 1000 in 40 different positions; movement, random walk with 15 shots per raster spot; peak selection, centroid (80% height); smoothing, on; block width, 2; alignment, on; normalisation, on; baseline subtraction, on; minimal resolution, 300.

# Results

# Comparative assessment of number of peaks in seven groups

Four matrix types were compared in our study using two different preparation methods. For ease of understanding, we made the necessary abbreviation as follows: dried droplet (DD); sample/matrix (SM); a-cyano-4-hydroxycinnamic acid (HCCA); sinapinic acid (SA); 2,5-dihydroxyhenz- zoic acid (DHB); 2,5-dihydroxyacetophenone (DHAP).

According to past studies, HCCA/DD method (working solution: 3 mg/mL in 2:1 EtOH/acetone)<sup>1</sup> could not produce enough surface tension on the target plate because the solvent is an organic solution. Thus, we spotted and analysed the results of the other seven groups. Representative images showing the typical crystallisation patterns of the seven groups are shown in Figure 1. The DD preparations produced more homogenous crystallisation patterns than SM preparations for



Fig 1 (a) Saliva; (b) Serum. Appearance of crystallised spots and average spectra in the seven matrix preparation groups.

SA and DHAP matrix. There was no significant difference in DHB matrix, which are both rare in the DD and SM methods. DHB/DD performed worst of all the seven groups, and there was almost no effective peak that could be detected in DHB/DD spotting sites, with high noise and an unsteady baseline. The average MS spectrums for each matrix type/preparation group are also shown in Figure 1.

DHAP/DD performed best if we set the number of peaks detected as the selection criterion in the serum

sample, and HCCA/SM was second best. In the saliva sample, DHAP/DD was the best and DHB/SM came second. By incorporating with the S/N ratio (signal to noise ratio) factor, which turned out to be obviously lower in the saliva sample than the serum sample, DHAP/DD and HCCA/SM performed best – significantly better than the other five groups in the serum sample, and DHB/SM and DHAP/DD in the saliva sample. The numbers of peaks detected in the seven matrix type/preparation groups are shown in Table 3.

# Comparative assessment of peptide components in seven groups

We analysed the m/z range distribution of peptide components in the seven matrix preparation groups; the m/z range distributed differently in different groups and there were some clues in them. We divided m/z of peptide components in 1000 - 10000 into 10 zones: 1000 - 2000, 2000 - 3000, etc, to 9000 - 10000.

In the saliva mixed sample, m/z of peptides components' distributing in 3000 - 4000 accounted for the vast majority (70%) in HCCA/SM group, and all of the peptide components' m/z distributed in 3000 - 6000. In the SA/DD group, m/z distributing in 1000 - 2000accounted for the vast majority (65.52%), and all of the peptide components' m/z distributed in 1000 - 6000. In SA/SM group, m/z distributed more uniformly than other groups, mostly in 3000 - 4000 (33.33%), 4000 - 5000 (27.78%) and 1000 - 2000 (27.78%), and all of the peptide components' m/z distributed in 1000 - 2000 and 3000 - 6000. The DHB/DD group performed worst and no effective peak could be detected, so no analysis was done for this group. In the DHB/ SM group, m/z distributing in 1000 - 2000 accounted for the vast majority (72.73%), and all of the peptide components' m/z distributed in 1000 - 6000. In the DHAP/DD group, m/z distributing in 1000 - 2000 accounted for the vast majority (79.31%), and m/z of all of the peptide components distributed in 1000 - 4000, 7000 - 8000 and 9000 - 10,000. In the DHAP/SM group, m/z distributed mostly in 5000 – 6000 (30.43%), 4000 - 5000 (26.09%) and 2000 - 3000 (21.74%), and the m/z of all of the peptide components distributed in 1000 - 6000. The range distribution is also shown as a Venn diagram in Figure 2 and as pie charts in Figure 3.

 Table 3
 Numbers of peaks in the seven matrix type/preparation groups.

Method	Serum	Saliva	
HCCA/SM	64	10	
SA/DD	39	29	
SA/SM	37	18	
DHB/DD	0	0	
DHB/SM	37	44	
DHAP/DD	73	58	
DHAP/SM	24	23	

In the serum mixed sample, m/z of peptides components distributing in 6000 - 7000 accounted for the vast majority (40.63%) in the HCCA/SM group, and m/z of all of the peptide components distributed in 1000 - 7000. In the SA/DD group, m/z distributing in 1000 – 2000 accounted for the vast majority (76.92%), and m/z of all of the peptide components distributed in 1000 - 3000 and 4000 - 7000. In the SA/ SM group, m/z distributing in 1000 - 2000 accounted for the vast majority (40.54%), and m/z of all of the peptide components distributed in 1000 - 7000 and 8000 - 10000. The DHB/DD group also performed worst and no effective peak could be detected, so there is no analysis for this group. In the DHB/SM group, m/z distributing in 1000 – 2000 accounted for the vast majority (45.95%), and m/z of all of the peptide components distribute in 1000 - 7000. In the DHAP/DD



Fig 2 (a) Serum; (b) saliva. Venn diagram comparison of peptide components detected in the seven matrix preparation groups.



Fig 3 Pie charts comparison of m/z distribution of peptide components in seven matrix preparation groups.

group, m/z distributing in 1000 - 2000 accounted for the vast majority (84.93%), and m/z of all of the peptide components distributed in 1000 - 2000, 4000 - 5000, 6000 - 7000 and 9000 - 10,000. In the DHAP/SM group, m/z distributed more uniformly than other groups, mostly in 1000 - 2000 (25.00%), 2000 - 3000(16.67%) and 6000 - 7000 (16.67%), and m/z of all of the peptide components distributed in 1000 - 7000 and 8000 - 9000. The range distribution is also shown as a Venn diagram in Figure 2 and as pie charts in Figure 3.

As our data shown, m/z of the peptide components detected in saliva and serum sample in our study mostly distributed in 1000 - 7000 in all of the seven groups. 1000 - 2000 was the most intensively distributed zone. In the SA/DD group, m/z distributing in 1000 - 2000 accounted for the vast majority (saliva: 65.52%, serum: 76.92%), and it was similar in the DHB/SM group (saliva: 72.73%, serum: 45.95%) and DHAP/DD (saliva:

79.31%, serum: 84.93%). In the DHAP/SM group, m/z of peptide components distributed more uniformly than other groups, mostly in 1000 - 3000 and 4000 - 6000 (saliva total: 91.30%, serum total: 83.34%). In the HCCA/SM and SA/SM groups, m/z distributions of peptide components were different in the saliva and serum samples.

# Comparative assessment of peptide components in different samples

We detected peptide components of saliva and serum samples in seven different matrix type/preparation method groups, and they were not all the same in each group. We compared the total peptide components of each sample. Here we list the total statistics of peptide components of saliva and serum samples in Table 4 and show the overlap as a Venn diagram in Figure 4A.

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 Table 4
 Comparison of peptide components in saliva and serum samples.

Sample	Total	Elements
Common	6	1000.5 1060 1071.4 1126.8 1328.2 1368.3
Serum	256	1012.4 1014.2 1020.2 1023.4 1026.7 1030 1039 1042.1 1043.9 1052.4 1058.5 1062.6 1071.2 1087.2 1087.8 1095.9 1100.3 1100.6 1107.6 1119.9 1128.6 1141.6 1143.8 1145.2 1154.8 1165.3 1169.3 1177.3 1182.9 1191 1204.1 1204.3 1209.5 1220.3 1220.9 1223.9 1227.6 1230.9 1235.6 1236.1 1241.6 1250.6 1256.7 1263.5 1264.2 1266.6 1280.1 1286.6 1295.9 1297.6 1300.1 1308.3 1309.5 1318.1 1327.6 1339.3 1351.5 1352.2 1353.6 1366.1 1366.7 1367.1 1368.6 1381.8 1396.2 1400 1412.3 1418 1428.5 1436.2 1439.9 1456.2 1457.2 1468.1 1470.4 1484.2 1485 1492.5 1502.8 1513 1519.2 1520.4 1528.2 1529 1544.1 1544.5 1545.3 1550.5 1563.1 1571.7 1572.1 1573.3 1574.8 1585.6 1597.7 1615.9 1622.1 1630.7 1640.9 1660.2 1695.4 1704 1714.1 1721.1 1723.3 1747.7 1769.8 1778.5 1787.2 1806.5 1835.7 1843.1 1876.3 1881.9 1894.9 1930.1 1954.8 1957 1968.5 1972.8 1986.7 1996.4 2008.2 2043 2086.4 2093.4 2094.1 2095 2096.2 2096.8 2209 2287.4 2302.4 2427.2 2429.5 2433.4 2457.4 2462.3 2492.4 2542.5 2648.4 2651.7 2667.8 2692.6 2744 2782.1 2988.3 3036.1 3050.9 3162.5 3192.5 3202.4 3219.3 3317.1 3317.8 3321.4 3322 3337.8 3353.7 3369.8 3376.9 3442 3448.8 3473.6 3667.1 3766.5 3767.1 4062.7 4151.5 4152.9 4154.9 4157 4159.3 4190.8 4287.7 4288.5 4291.3 4293 4314.1 4471.5 4650.3 4849.9 4930.5 5008.2 5017.6 5020.9 5036 5080.8 5084.1 5084.3 5085.6 5086 5112.3 5173.5 5283.5 5378.3 5381.8 5386.4 5403.4 5438.1 5438.4 5587.9 5631.8 5676.2 5720.1 5764.4 5807.6 5851.9 5896.6 5940 5984.6 6027.6 6071.8 6081.2 6115.9 6160.4 6204.3 6248.4 6257.9 6292.3 6335.8 6380.7 6425.8 6427.8 6436.4 6439.2 6441.3 6451.2 6468.6 6478.1 6513.1 6523.2 6557.1 6601.3 6626.7 6627 6630.4 6633 6635 6635.6 6638.5 6639 6644.7 6648.7 6651.3 6698.5 6699.1 6734.5 6743.6 8808.7 8829.2 8913.1 8923.3 8946.5 9421 9968.4
Saliva	170	1011.7 1013.9 1021.4 1022.3 1026.2 1031.3 1044.6 1045.2 1049.1 1074.1 1074.2 1088.5 1089.3 1101.4 1105.7 1110.3 1118.7 1126.2 1128.9 1139.7 1140.2 1144.2 1144.7 1145.1 1158.9 1160.4 1161 1161.5 1180.9 1183.9 1184.1 1204.9 1213.9 1225.8 1227.4 1227.8 1228.3 1242.7 1251.3 1261.4 1266.7 1274.5 1281.3 1284.5 1291.5 1301.6 1314.6 1323.3 1331.8 1339.1 1344.4 1352.1 1358.3 1366.8 1367 1367.7 1390.1 1391.3 1400.5 1443.4 1464.7 1465 1466.1 1475 1479.1 1507.8 1554.7 1559.6 1572.6 1591.7 1593 1609.5 1611.8 1642.3 1667.5 1684.6 1687.1 1702.9 1722.4 1735.6 1770.3 1783.6 1788.3 1822.6 1860.8 1879.5 1898.7 1902.9 1932.3 1949.1 1956.1 1966.5 1993.9 2094.7 2094.8 2096.1 2215.5 2317.5 2327.8 2554.7 2568.4 2588.1 2648.8 2692.8 2727.3 2882.4 2900.3 3314.9 3327.9 3370.8 3372 3373.1 3373.9 3374.9 3376.4 3400.5 3411.2 3440.6 3443.2 3444.8 3445.1 3445.9 3446.1 3473.2 3485 3487 3490.3 3491.2 3496.7 3502.6 3523.7 3525.3 3526.1 3527.2 3544.3 3781.6 4034.8 4048.3 4122.9 4125 4138.3 4138.4 4140.4 4360.5 4392.5 4435.8 4550.2 4552.4 4552.9 4789.5 4841.3 4920.8 4928.9 5017.4 5134.1 5136.3 5136.8 5139.6 5143.6 5238.2 5271.4 5383.4 5384.2 5385.7 5387.6 5793.1 5795.2 5801.7 7127.1 9969



Fig 4 (a) Venn diagram comparison of peptide components in saliva and serum sample; (b) Pie charts comparison of m/z distribution of peptide components in saliva and serum sample.



Fig 5 Red: saliva; green: serum.

(A) 1) M/z=1060.0, mean-variance figure. 2) M/z=1060.0, site-peak figure.

(B) 1) Sample distribution figure; 2) M/z1=6441.3 mean-variance figure; 3) M/z2=3219.3 mean-variance figure.

(C) 1) Sample distribution figure; 2) M/z1=5238.2 mean-variance figure; 3) M/z2=3544.3 mean-variance figure.

As our data show, it was also verified that m/z of the peptide components detected in saliva and serum sample mostly distributed in 1000 - 7000 (saliva: 98.86%, serum: 97.33%). 1000 - 2000 was the most intensively distributed zone (saliva: 56.25%, serum: 48.85%), and 3000 - 4000 in saliva sample (16.48%), 6000 - 7000 in serum sample (14.50%) was the second distributed zone. M/z of peptide components distributed more uniform in other zones, e.g. 2000 - 3000, 4000 - 5000 and 5000 - 6000. The statistics comparisons are shown as list in Table 5 and as pie charts in Figure 4B.

As shown in Table 4 and Figure 4, six overlapped peptide components were detected in the saliva and serum sample. The contents of each overlapped peptide component in different sample were different. We randomly chose m/z = 1060.0 as an example and the results are shown as site-peak figure and as meanvariance figure in Figure 5 (P < 0.01). The DHB/DD method performed the worst, and was not a suitable method for MALDI-TOF MS experiment for saliva and serum.

The remaining peptide components were all nonoverlapped. We randomly chose: a)  $m/z_1 = 6441.3$ ,  $m/z_2 = 3219.3$ ; b)  $m/z_1 = 5238.2$ ,  $m/z_2 = 3544.3$  as two comparison example groups and the results are shown as sample distribution figures and as mean-variance figures in Figure 5 (P < 0.01).

#### Discussion

The goal of our study is to find if there is any common regularity in MS results of different types of matrix and preparation methods, and further analysed raw data with two main evaluation indexes: number of peaks and m/z distribution of peptide components detected. MS results of different matrix type/preparation methods are indeed different.

The nature of the matrix was one of the most important parameters affecting the quality of the spectrum<sup>11</sup>. The matrix was believed to serve two major functions: absorption of energy from the laser and isolation of the biopolymer molecules from each other<sup>11</sup>. They all require physical and chemical properties: 1) an efficient absorbance at the laser wavelength; 2) an efficient ionization: 3) an important stability not to interfere with the mass spectrum of the sample. The choice of the matrices depended on the nature of the sample studied. DHB allowed the study of oligosaccharides, glycopeptides, and glycoproteins. Generally, DHB was more efficient for peptide/protein components of smaller m/z, SA and HCCA especially allow the study of proteins. For the same sample, mass spectral fingerprints are different depending on the matrices used. These observations emphasised the need for careful attention in the preparation of the sample to obtain optimum reproducibility<sup>11</sup>.

DHB/DD performed worst in our study, corresponding to past studies<sup>11,12</sup>. No effective peak was detected by DHB/DD. Big and non-homogeneous crystalline are shown in the crystallised spots, also verifies the result. The average spectra were not smooth, with loud noise and floating baseline, the typical characteristic of spotting directly on target plate areas where not enough enough matrixes covered the sample. Comparing with other methods, it was clear that shape and quality of crystalline significantly influenced quality of MS experiment results. Hence, we compared characteristics of matrixes in our study<sup>1</sup> and previous studies, and found the results were in accordance: smaller crystalline and larger covering surface are required for ideal matrix.

Crystalline of other methods in our studies meet the characteristic and their MS results are stable. Results of the study suggest that when researchers are doing preexperiments, one useful and sample-saving method to check out is if the matrix is suitable to spot only matrix solutions on target plate spots and check crystalline by camera. Crystalline of good quality prompting basically stable spectrum and peak results, and crystalline of bad quality is a hint for changing matrix preparation methods, either the type or preparation of instructions.

**Table 4**Comparison of m/z distribution of peptide compo-<br/>nents in saliva and serum samples.

m/z	Serum		Saliva	
Total	262	100%	176	100%
1000 – 2000	128	48.85%	99	56.25%
2000 – 3000	25	9.54%	14	7.95%
3000 - 4000	20	7.63%	29	16.48%
4000 – 5000	16	6.11%	17	9.66%
5000 - 6000	28	10.69%	15	8.52%
6000 – 7000	38	14.50%	0	0%
7000 - 8000	0	0%	1	0.57%
8000 - 9000	5	1.91%	0	0%
9000 - 10000	2	0.76%	1	0.57%

For saliva MALDI-TOF MS experiments, S/N ratio in all the other six matrix type/preparation methods are relatively low, therefore the number of peaks and approximate range of the target peaks are main selection criteria. M/z of peptide components detected range distribute differently according to different methods. So if the approximate range of the target peaks of study is not very clear, it is better to repeat experiment with different matrix type/preparation methods to assure larger comprehensive detecting range. Considering that it is complex and difficult to prepare various matrix and our results that DHB/SM and DHAP/DD perform best in number of peaks, m/z detected distributing in 1000 - 2000 account for the vast majority (> 70%), we recommend researchers use either DHB/SM or DHAP/ DD in MS experiments. If the approximate range of the target peaks of study is basically clear, researchers can choose the relevant matrix type/preparation method according to our results - see details in Results.

For serum MALDI-TOF MS experiments, S/N ratios were different in different matrix type/preparation methods, thus they should also be considered as one deviation factor. Therefore, the number of peaks, S/N ratio and approximate range of the target peaks are the main selection criteria. M/z of peptide components detected range also distribute differently in different methods. Apart from DHB/DD that performed worst, the S/N ratio of SA/DD and SA/SM are higher than the other four methods. The number of peaks and m/z distribution of peptide components detected by these two methods are not special or irreplaceable, so these two methods were unsuitable for in MS experiments. S/N ratios for the other four matrix type/preparation methods are relatively low. Hence, if the approximate range of the target peaks of study is not very clear, it is better to repeat experiment with these four different matrix type/ preparation methods to assure larger comprehensive detecting range. Results of the study also suggest using both HCCA/SM and DHAP/DD in MS experiments. If the approximate range of the target peaks of study is basically clear, researchers can choose relevantly matrix type/preparation method in these four methods according to our results – more details in the Results section.

In our study, we analysed the MS results of different types of matrix and preparation methods, setting number of peaks, S/N ratio and approximate range of the target peaks as our main selection criteria.

Further studies should be warranted to analyse other characteristics of peptide components detected in different matrix methods, like hydrophila/hydrophobicity, electric charging, etc. to increase evidence when selecting matrix type/preparation methods in MALDI-TOF MS experiments on peptide components of human body fluids.

#### Conclusion

- Among the seven different matrix type/preparation methods, HCCA/SM, SA/DD, SA/SM, DHB/DD, DHB/SM, DHAP/DD, DHAP/SM, different methods performed differently. DHB/DD performed worst in both samples.
- M/z range was distributed differently in different methods. DHB/SM and DHAP/DD performed best in number of peaks, m/z distributing in 1000 – 2000 account for the vast majority.
- Further studies should focus on other characteristics of peptide components detected in different matrix methods to increase evidence when selecting matrix type/preparation methods.

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# **Conflicts of interest**

The authors reported no conflicts of interest related to this study.

#### **Author contribution**

Dr Lu GAO carried out sample collection, sample preparation, data analysis, and paper preparation; Drs Yan GU and Feng CHEN provided study design, technical assistance, preparation of the figures and polishing the manuscript; Dr Qing Wei MA provided instrument technology support and participated in data analysis; All authors reviewed the results and approved the final version of the manuscript.

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